

4th Annual QEH/PCH
bed pan trophy
R E L A Y



QEH
Foundation
CARE TODAY FOR TOMORROW

PCH
FOUNDATION

June 16th, 2018

Thank you for supporting your hospital by participating in the fourth annual Bedpan Relay. The event is set for Saturday, June 16th at 8:00 am sharp. Some quick facts for participants.

1. There will be 12 legs to run between Winsloe to Summerside. (Map attached)
2. Teams will organize themselves as to who is running on each specific leg. This should be determined at least one week in advance. Any changes in this should be communicated with team captains and all members on your team.
3. Runners are responsible to get themselves to their leg of the run at least ½ hour ahead of the expected time of arrival. Arrival locations for each leg are indicated on the ROUTE MAP. Runners are also responsible to have a ride pre-arranged to pick them up.
4. Runners can choose to run more than 1 leg. This should be determined in advance and indicated accordingly.
5. Pairs or groups can run a leg jointly, but only one runner may carry the baton and must do so for the entire leg.
6. Bibs will be provided at the Foundation office once you've submitted your team name.
7. All runners should bring their pledge forms to their respective hospital locations by **Wednesday, June 13th**. If no pledges have been obtained, a general donation of \$25.00 can be made. A running total will be kept and passed along for the ceremony following the run. REMINDER - pledges can be made on both pchcare.com and qehfoundation.pe.ca

If you turn in you funds prior to the event, **prize ballots** are awarded at \$25.00 with additional ballots for every \$50.00 raised

\$25	1 ballot	
\$25 - \$74	1 extra ballot	
\$75 - \$124	2 extra ballots	
\$125 - \$174	3 extra ballots	And so on...

8. Awards ceremony: The winning trophy and prizes will be awarded at a social following the run at the PEI Lobster House at the Shipyard in Summerside (370 Water St) at 3pm sharp.
9. Grand prize / Bed Pan Trophy will be awarded as well as prizes for top fundraiser, random door prizes and team spirit award, so be creative.