



# Caping of the prince county hospital foundation

# **Report to our Community**

2023 Edition Included

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# A Message of Gratitude from the President

The past year has been nothing short of challenging. For our foundation, our hospital, its staff, and the community. Among the trials the year held for us all, we gathered strength in each other, and we rallied around our hospital.

I write to you now from a place of hope. Your concerns and ours have been brought to the forefront and we can all cautiously move forward together toward a renewed hospital. As you will see in the message from PCH Administration on the next page, there is room for hope. This won't happen overnight, but we are confident that there are better days ahead.

You will also find within these pages many reasons to celebrate. In 2024, we will celebrate the 20th anniversary of the "new" Prince County Hospital. We celebrate all we have accomplished together over the past twenty years and the many things we've made possible. Stories like Danielle MacKinnon's on page 10 are the reason we do what we do. That is what makes it all worthwhile. We thank you for making those "good news stories" possible with your gifts.

Your gifts in 2023 have ensured everything on the Vital Signs greatest needs list could be purchased. Those needs, of course, do not cease with the turning of a calendar page. So, we hope you will join us again in 2024 as we seek to fulfill the medical equipment needed for everyday patient care at PCH. Information on the 2024 Vital Signs appeal is featured on pages 12 and 13.

Your support in words, actions and gifts helps to keep your hospital vibrant today and viable in the future. Thank you for being a friend of Prince County Hospital.

Sincerely,

Mordon Mac Farlance

Gordon MacFarlane President, Prince County Hospital Foundation

#PCHProud



### PRINCE COUNTY HOSPITAL FOUNDATION

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Prince County Hospital Foundation 65 Roy Boates Ave, PO Box 3000 Summerside, PE C1N 2A9 tel: 902.432.2547 web: pchcare.com

# Welcome Aboard



**Carson Trainor** 

This year, our volunteer board of directors welcomed Carson Trainor to its ranks in the role of PCH staff representative. Originally from Ellerslie, PEI, Carson has been an RN at PCH since graduating from the nursing program at UPEI in 2015. Since that time, he and partner Hannah Gallant have added two sons, Benny and Teddy, to their family alongside a beloved cat, Franny. A recent recipient of the Kay Lewis Award for Nursing (2021) Carson is currently the clinical informatics lead at PCH.

In the fall, the Foundation hired Kensington native Ben Grady as a Community Navigator for Healthcare. The majority of Ben's role with the Foundation is to help new and prospective staff members acclimate to the hospital and the area. As his portfolio develops, he will also contribute to staff morale and wellness programs at PCH. Since arriving, Ben has also been assisting with housing and various needs of locums and travel nurses who have been accessing the PCH Foundation's new rental units. Ben can be contacted through the PCH Foundation office at (902) 432-2547 or by email pbgrady@ihis.org.



Ben Grady

## **A Way Forward - PCH Administration**

In an interview with the PCH Foundation for this publication, Acting Administrator and Director of Nursing Rebecca Kewley discussed the staff challenges of the past year and the outlook going forward.

The administrative team at Health PEI has implemented several measures to address ongoing challenges. This includes raising the hourly wage and offering recruitment incentives for respiratory therapists (RTs), as well as establishing a talent recruitment team to focus on specific specialties, leading to the successful recruitment of several registered nurses (RNs) and RTs for critical care areas in the last 5-6 weeks. New positions have been added to the critical care team, with plans to post two nurse practitioner positions. Daily meetings aim to standardize procedures across HPEI to help it run more smoothly.

In addition to adding resources to the PCH team, staff support also includes leadership coaching, continuing education, and programs addressing burnout and resilience. Progress has been made in restoring full critical care services, with aggressive recruitment ongoing. The goal is to return to full capacity with adequate internal medicine physicians, RTs (requiring 10.3 FTE), and RNs (requiring a minimum of 21 FTE). Despite human resource challenges, PCH staff demonstrate dedication and cohesion, exemplified during a recent multiple-patient trauma incident where staff from various departments worked seamlessly together. When it matters most, our team always comes through to support each other. That is what we do exceptionally well as a facility.

The support we have been shown by our donors and our community this year has been so greatly appreciated by all of PCH. The staff have seen you fight for and advocate for our critical care services. The staff feel heard and supported as we have been fighting this battle for some time. We wouldn't have been able to make the changes that we have made and continue to make without the voices of our supporters.



# A Message from the PCH Auxiliary

The Prince County Hospital Auxiliary now has 27 members. We gather monthly at the Oval for our lunchtime meeting. The Auxiliary continues to support the PCH with our various fundraising efforts. The PCH Auxiliary will soon reach its million-dollar mark in donations to PCH.

We had a very successful gently used clothing sale, Christmas basket ticket sales, and Christmas gift wrap. The Wishing Well Gift Shop, located in the front lobby of PCH, has been very successful and has had its best year yet. The gift shop is run entirely by volunteer staff who work very hard to make it a success. We continue to supply emergency packs for patients who must travel off-island for medical appointments. The packs contain a bridge pass, a \$100 gas card and a Tim's card.

The auxiliary increased the 3 bursaries that are awarded to a staff member at PCH for continuing education, and 2 nursing students at UPEI, to \$1,000 each.

Through the generosity of volunteers who donated items to the gift shop, we were able to buy a piece of equipment for the emergency department. Thank you to the auxiliary members for the wonderful work they do and for the PCH Foundation who are always there to support us.

Respectfully submitted Betty Robertson, President



Pictured are Auxiliary members (from left) Marnie Noye, Gloria Arseneault, and Mary Frances Perry in the Surgery/Restorative lounge that benefited from the Auxiliary's generosity with the replacement of all furniture in 2023 from Wishing Well Gift Shop proceeds.

# **In Loving Memory**

A number of our most loyal donors make their gifts in memory of family members and friends who have passed away. In many cases, we are their charity of choice and donors make their memorial gift knowing that their donation can do a bit of good during such a sad time. Families of loved ones lost are comforted in knowing this and they receive a card for each donation. For more information on how to make a memorial gift, see "Bringing Comfort in Times of Loss" on page six. The PCH Foundation received gifts in memory of the following people in 2023.

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Memorial Giving Makes a Difference

# **Bringing Comfort in Times of Loss**

When you make a memorial gift, we are able to notify family members that a gift has been made in memory of their loved one using the cards in the photo on the left (no gift amount is included). You need only provide an address for this free service while making your gift.

These thoughtful and generous gifts of remembrance raised over \$66,000 for medical equipment at PCH in 2023 alone; a great impact in patient care.

If you would like to pay tribute to a friend or loved one, please visit our office in the PCH lobby (Mon-Fri, 8 AM - 4 PM), call (902) 432-2547 or give securely online at pchcare.com

# ANNUAL DONOR RECOGNITION

The Prince County Hospital Foundation is honoured to feature the following donors whose outstanding giving to the hospital foundation in 2023 has made them members of the President's Society.

The President's Society has four levels of recognition for gifts made between January 1 and December 31 of 2023.

The four levels of the President's Society are:

*Platinum Society* - Annual Giving of \$5,000 & above

*Gold Society* Annual Giving of \$3,000 - \$4,999

*Silver Society* Annual Giving of \$1,000 - \$2,999

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### Thank you, everyone.

Many more donors choose to remain anonymous, and we offer them our most heartfelt thanks, as well.

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### **Your Gifts at Work**

PCH surgeon Dr. Simon MacDonald demonstrates an Endoscope on "patient" RN Sharon Schurman with assistance from LPN Marlene Mann. In 2023, you helped upgrade the entire fleet of scopes with lighter and easier to use models that provide an improved image quality leading to better detection.



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# SAVE THE DATE

Grass Roots and Cowboy Boots will be returning to Credit Union Place in Summerside for the 16<sup>th</sup> year on September 7<sup>th</sup>! Tickets are on sale at Summerside Chrysler Dodge. Contact Warren Ellis at (902) 853-7160



# Youth Who Care Report

The Youth Who Care Board is a group of 17 Gr. 10-12 students from Prince County that volunteer our time to aid the hospital. We have spearheaded a wide range of events and activities that support the needs of PCH. In September, we started the year by assisting with the Grass Roots & Cowboy Boots event. This was followed by a bake sale that was very successful and ended up selling out. Leading up to the Christmas season, our board members volunteered with the Activity Director and participated in patient activities. As a group we also made Christmas cards and delivered them to different units. In addition, we were able to help the PCH Auxiliary with their Christmas wrap at the County Fair Mall. After Christmas, we sold tickets on a St. Patrick's Day themed gift card basket. Around this time, our board members volunteered with the Rotary pancake breakfast at the Silver Fox.

Our next task is to organize another bake sale for the hospital during the spring months. To finish our year off, we will be running bingo through the Miscouche Silver Maple Senior's Club.

Our board was delighted and very fortunate to be able to tour the Diagnostic Imaging and Ambulatory Care units (pictured above with Ambulatory Care Manager Daniel MacLeod) and witness in-person the great work that is being done at our hospital. It gave us a firsthand account of why it is necessary to volunteer to aid in the continued success of the PCH.

Our board has come together to take on many tasks. The efforts put in have resulted in many benefits for the hospital and community.

Respectfully submitted by Deirdre Studer 2023/2024 YWC Board President

# New Year's Baby A Life Hanging in the Balance

Courage, quick thinking, thorough training, and the unyielding dedication of our healthcare professionals prevented tragedy when every moment counted.

Danielle MacKinnon, a labouring mother, arrived at Prince County Hospital (PCH) on New Year's Eve with her husband, Alex. She was progressing as expected until a routine assessment uncovered a grave concern - the baby's heart rate was plummeting with each contraction. "My pregnancy with Lainey was healthy and uncomplicated until her birth," said Danielle in a January interview with the Foundation. "There was never really a time when I felt that something was wrong until it was time for Lainey to be born. Early labour started in the afternoon on New Year's Eve and we made the drive to PCH for an assessment. Initially, we thought that Lainey would be born before midnight, but she decided she wanted to wait until New Year's Day! I was just about fully dilated and ready to push when Dr. Barbrick-Crozier was examining me. She told me we had a prolapsed umbilical cord and not to push"

A prolapsed umbilical cord is a major labour emergency. With each contraction, the baby's lifeline was compromised, a dire situation. Explains Sandra Graham, RN Clinical Educator on Maternal Child Care Unit (MCCU), "The umbilical cord that goes from the baby to the mother gets trapped between the baby and the outside world. It's coming first, so with every contraction, the blood and oxygen supply to the baby is stopped. It's rare. To be frank, there's a high likelihood of death of the baby when this happens. It is about as serious as it gets for an emergency." Danielle knew exactly what this meant. She worked in the Maternal Child Care Unit from 2016 to 2022 when she went on her first maternity leave after giving birth to her son, Noah. "And the fact that she was a labour and delivery nurse, she knew that this was so high risk," Sandra explained. Page 10



Alex, Danielle and Lainey MacKinnon

Said Danielle, "Everyone jumped into action right away, there was no delay at all. I knew what had to happen and I knew I needed to stay calm. Next, I knew I had to keep my family calm. I explained to my husband what was going on and that I needed to go to the OR for a Cesarean birth and that he wouldn't be able to come with me. The contractions were about 1.5 to 2 minutes apart so breathing and focusing on not pushing was my biggest focus."

Sandra continued, "What happens at that moment happens quickly. The staff have trained for this." The labour and delivery team, armed with training and a sense of purpose, leaped into action. The team on hand included a paediatrician, an obstetrician, a respiratory therapist, an anaesthetist, two labour and delivery nurses, two OR nurses, and a surgical assistant. The team rushed to the Operating Room while a labour nurse held the baby internally to relieve pressure on the cord. Danielle remarked to the nurse, "Is this your first cord prolapse?" And when she replied it was, Danielle responded, "Mine too."

Sandra Graham emphasized the crucial role of simulation training in preparing the healthcare team for emergencies. She delved into the meticulous preparation undertaken by the hospital, describing how they had simulated scenarios involving the entire team only weeks before the actual event unfolded. The people at Danielle's side had practiced scenarios mirroring her situation, honing their skills and building a reflexive response to emergencies. Little did they know that the simulated scenarios would soon manifest into a real-life challenge for the whole team who must move in a practiced, unified way. Sandra specifically underscored the indispensable role of respiratory therapists (RT) in critical situations. "Having the ability to consistently provide safe, effective and efficient care in an emergency situation like this is a critical component in care of birthing persons and their newborns." She passionately advocates for the presence of RTs during higher-risk childbirth situations, stressing that their specialized skills, especially in managing airways, were pivotal in ensuring the best possible outcomes for Danielle and Lainey.

ing me through it all. Quickly, the OR team started to arrive. By this point, my belly was prepped, and the table was draped. Dr. Dan Albrechtsons, the MCCU nurses, and RT Abdul Rahman were there for Lainey and I knew she would be okay. The anaesthetist arrived and within minutes I was put to sleep. I remember waking up in the recovery room to the sound of Kelsey's voice - a former MCCU co-worker and friend. The next voice I heard was Dr. Dan telling me Lainey was safe and healthy and perfect. I don't remember much after I found out Lainey was safe - I think it was my body's way of saying 'Okay, you did it - you can relax now'."

Danielle's story ends with a healthy baby girl and thankful parents. "She is perfect and beautiful, and we are so in love," Danielle professed. This outcome was possible because PCH had the right healthcare providers when time was of the essence and they had trained for this moment using essential equipment. Thanks to the PCH Foundation's generous donors, this hospital has been able to invest in simulation technology which proved to be indispensable to Danielle and her family. Our donors have emerged as heroes in this tale alongside our PCH team.

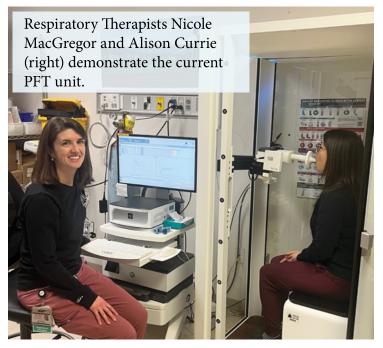
Danielle explained how the rest of her story unfolded, "Because of the nature of a prolapsed cord and the logistics behind keeping Lainey safe, I was taken to the operating room on the labour bed with my labour nurse, Rachael, riding along. Once we got there, I remember a lot of commotion, but everyone was keeping me informed every step of the way. Nurses Amanda and Jenn were keeping me calm, talk-



Nurses from the Maternal Child Care Unit display the new Mother/Child Birth Simulator. From left are Staff RNs Jamie-Lee Brown, Kailee Casario, Jillian Marchbank, and Sandra Graham, RN Clinical Educator for the Maternal Child Care Unit.



Each year, your gifts to the PCH Foundation support the greatest needs for patient care at your hospital across nearly every department. From the complex pieces like the Chemistry Analyzer (next page) or the Pulmonary Function Testing Equipment below, to basic needs throughout PCH, each item is an essential piece of the puzzle at your hospital. For your convenience, we have included the entire list of greatest needs for 2024 on the right.



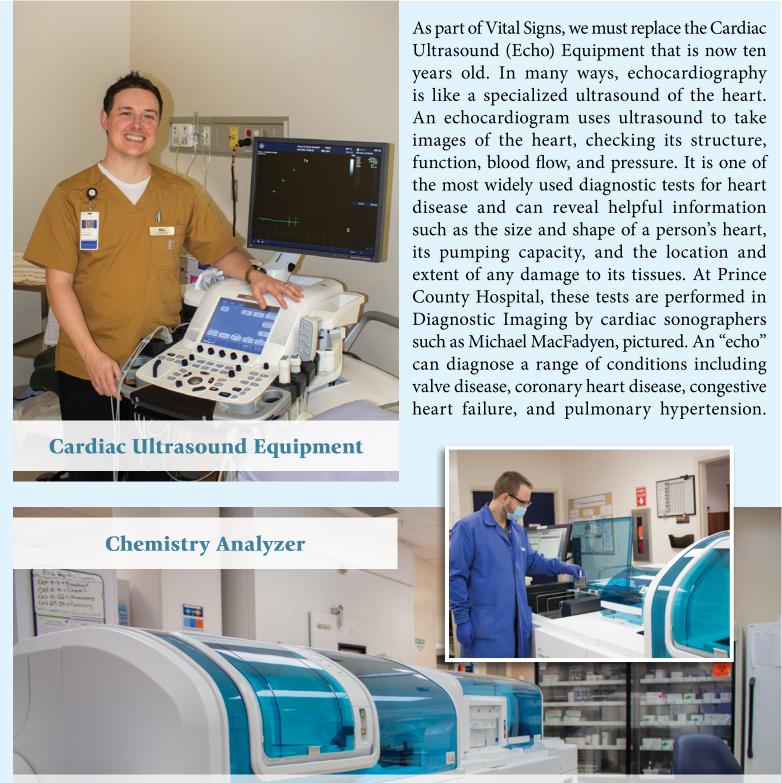
### **Pulmonary Function Testing**

Pulmonary Function Testing (PFT) is a non-invasive diagnostic test used to diagnose and guide the treatment of various lung diseases such as COPD, asthma, and restrictive lung diseases. The PFT System performs tests to examine aspects such as a patient's lung volume and efficiency within a "body box" chamber (pictured above). Once inside the chamber, patients breathe into a sterile mouthpiece to analyze their breathing. Respiratory Therapists can measure a patient's breathing against the average of their demographic or their previous tests to examine progress. With this information, staff at the PCH can ensure patients have easy access to proper diagnosis and treatment and can refer them to community programs more quickly. The new PFT System on this year's Vital Signs appeal will allow our hospital to participate in phases two and three of the expansion project aiming to standardize Pulmonary Function Testing across Health PEI locations and ensure that staff have access to the required patient reports province-wide.

# **Greatest Needs at PCH 2024**

Bladder Scanner	\$16,000
Pulmonary Function Test System	\$70,000
Bariatric Gyne Stretcher (2)	\$28,400
Wound Vac	\$60,000
Airvo 3 Respiratory Support Device (2)	\$20,000
Transport Chairs (6)	\$21,000
Cardiac Ultrasound (Echo) Equipment	\$150,000
Electric Bariatric Stretcher (6)	\$48,000
Gastrointestinal Scope Module	\$65,000
Bladder Scanner	\$16,000
Cardiac Transfer Chair	\$6,400
Cardiac Telemetry Packs (2)	\$11,500
Beds & Mattresses (4)	\$14,500
Patient Friendly Furniture	\$30,000
Stereomicroscope	\$4,800
Chemistry Analyzer	\$245,000
Fetal Monitor (2)	\$72,000
Infant Warmer (2)	\$88,000
Portable Ultrasound	\$67,000
Sleeper Chairs (6)	\$16,200
Portable Cardiac Monitor (2)	\$44,000
Fetal Fibronectin Testing System	\$5,000
Gyne Stretcher	\$9,000
Autoclave Steam Sanitizer (2)	\$260,000
Transfer Carriage (3) & Loading Cart (3)	\$45,000
Positioning Wheelchairs (2)	\$8,000
Automated Dispensing Cabinet,	
Tower & Fridge	\$176,000
Quickie IRIS Tilt-In-Space Wheelchairs	\$18,000
Bariatric Wheelchair (4)	\$20,000
Frenzel Diagnostic Goggles	\$3,500
Portable Ultrasound Machine	\$67,000
Utility Chairs	\$2,700
Vein Viewer	\$22,000
Piezoelectric Surgery Instrument	\$20,000
Yellow Fin Stirrups	\$17,000
Olympus Berkeley Suction	\$14,000
TPX Surgical Drill and Saw	\$23,000
Bariatric Wheelchair	\$4,700
Uterine Manipulator	\$15,000
Olympus Scope Guide	\$35,000
Zeiss Opmi Pico Microscope	\$55,000

Total Needs for 2024 \$2,023,700



A Chemistry Analyzer is a crucial instrument for the hospital used by Laboratory Services for rapid diagnostics. Technologists use it to test blood and plasma for various electrolytes, enzymes, and proteins, such as Troponin, used to diagnose patients experiencing chest pain. Because of the nature of these tests, they must be done accurately and promptly. With the use of this instrument, most patient results can be acquired within 60 minutes. This unit will be used as a backup to the main chemistry analyzer purchased in 2021. Having a high-quality backup is important to the day-to-day function of the Lab. Replacing this essential instrument will ensure that PCH Lab staff can provide immunochemistry testing when the main unit is down for daily maintenance or repairs, thereby continuing to offer the highest quality of care to patients.

# Growing a Legacy The Ochsner Family

Magnus and Hedy Ochsner were born in Switzerland in the 1920s and grew up during the Great Depression. Magnus was an excellent student, who worked on local farms as a labourer and served in the Swiss Army to put himself through agricultural college. Hedy worked in restaurants and had an avid interest in languages. She travelled to England to be an au pair to learn English before she returned to Switzerland to attend École hôtelière de Lausanne where she completed her studies in French. While working in resort areas in Switzerland, she learned Italian from hotel guests.

The cost of Swiss land inspired Magnus to immigrate to Canada in 1955 with ambitions of starting a farm. He bought his first small farm in Prince George, BC. In 1957, Magnus returned to Switzerland to attend his brother's wedding where he met the sister of the bride, Hedy. The two courted by letter for three years before they married, and she moved to be with him in Canada where they began their family and grew their dairy farm. They became pillars of the community while they raised their biological children John, Margrit and Frances and two sisters they fostered from the Indigenous Community.



Magnus and Hedy Ochsner

In the summer of 1972, they sold the farm in BC to move the family to Hope River, PEI, where they found a beautiful property on Simpson Mill Road. While their lifelong involvement in charitable causes started with the donation of a side of beef to a local fundraiser while in BC, they continued to be involved in community life on PEI, joining organizations such as the Knights of Columbus, Women's Institute and PEI-4H. Being devoted Catholics they were welcomed to the Parish of St. Anne's and the children attended school at St. Anne's Elementary School, then on to Stella Maris in North Rustico, finishing at Bluefield High School.

While Magnus was busy farming in Hope River, Hedy pursued her passion and education in the restaurant business. She was approached by the parish priest of St. Anne's to manage the famous lobster suppers. After several years there, she was asked to manage the Bonnie Brae restaurant in Cornwall. She influenced the growth and maturity of many young people who worked for her over the years. She was a wellknown figure in the PEI Tourism Association and on the finance committee of the parish council.

When Magnus was 70 years of age and Hedy was 68, in 1996, they sold the farm in Hope River and purchased a smaller farm in Greenvale where they continued to farm until 2013, when Hedy had to be admitted to the Prince Edward Home. Her health had been failing due to dementia. Hedy passed away on Magnus' birthday, September 4, 2013.

In 2015, Magnus purchased a condo in North Rustico where he became known as, "the old man

who was always out walking." After 5 years, he moved to Andrews Parkhill Independent Living in Summerside so he could spend time with his peers. Magnus passed away on February 23, 2023, the birthday of his eldest daughter Margrit who died of cancer in 2018 at age 55.

Magnus lived to the ripe old age of ninety-seven and a half. He was of sound mind and body. He loved playing cards and continued walking a couple of hours each day, up and down the hallways of Parkhill until he passed.

John and Frances shared this message with the PCH Foundation, "Mom and Dad loved their children, grandchildren, and great-grandchildren very much. They will be forever missed and always in our hearts."

In his will, Magnus made sure to take care of the island communities he grew to love. He left a gift of \$40,000 to the Prince County Hospital Foundation that Frances and John have directed to the Foundation's endowment fund. In an endowment fund, the principal gift remains untouched while the proceeds from its investment are used for the benefit of patients at Prince County Hospital. This means their initial gift will continue to grow and help patients at PCH for many years to come.

Leave a Legacy at Prince County Hospital

Making a legacy gift is simply considering people and causes that are important to you and making arrangements now to continue supporting them in the future. The Foundation has received legacy donations through gifts in wills, transfer of existing life insurance policies, and through stock gifts. When you leave a legacy to the PCH Foundation, your gift is endowed, meaning the principal amount will remain intact and will be prudently invested. Only the revenues generated by this gift are allocated to the purposes established by the Foundation Board of Directors, such as the annual equipment fund. These endowed gifts from 2023 are featured on our Legacy of Giving Donor Wall.

### Anonymous

**Estate of Joyce Bell** 

In Loving Memory of Heather Croken, Paul, Cody & Jasmine

Estate of Arthur & Amy Johnstone

Robert & Joan Linkletter

Peter & Karen MacDonald

Cindy MacKendrick, in loving memory of Glendon, Elaine & Ruth MacKendrick

Deborah MacMurdo & Matthew Smith Caring Connections In memory of my mother Verna Daisy (Ross) Maxwell

Estate of Cecil Mosher

Magnus & Hedy Ochsner

Prince County Hospital Auxiliary, Over a Century of Giving

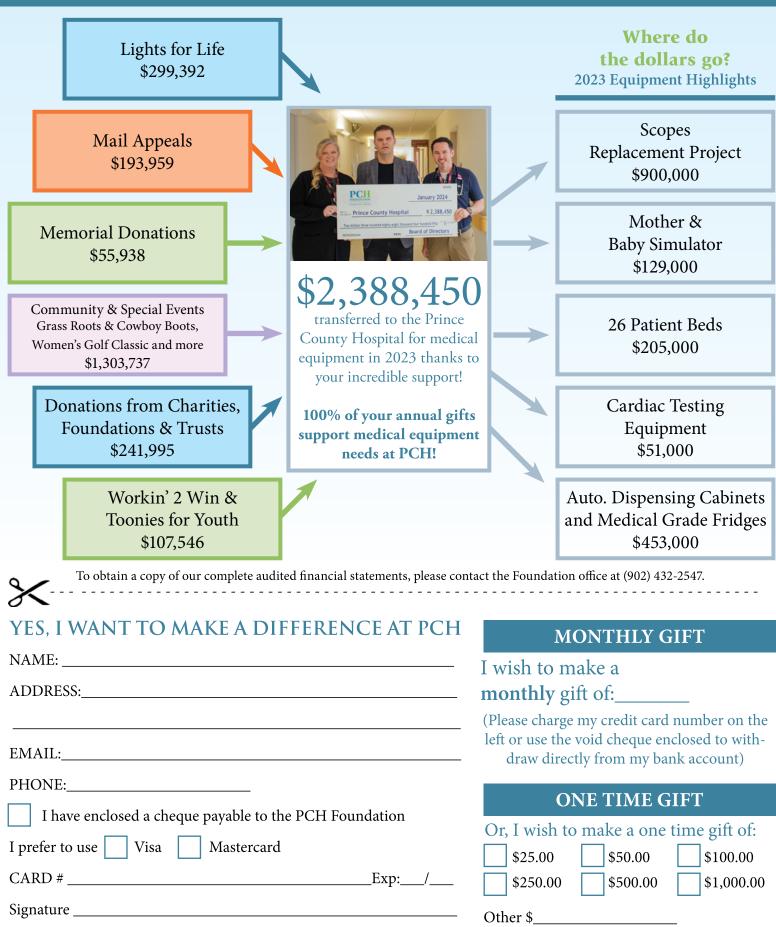
Beth Riley Rankin, in memory of Margaret Ann Riley Craig

The Family of Alan & Julia Robinson

Maynard & Jo-Anne Schurman & Family

# Your Gifts in Action

Selected Financial Information and Highlights of the PCH Foundation's fundraising efforts in 2023 and the impact at PCH.



AR2023 CC2024

Charitable Business No. 89352 6731 RR0001 A receipt for income tax purposes will be issued.